

ABOUT UMASS MIND

Individuals with schizophrenia often face triple jeopardy: a devastating mental illness, co-morbid medical problems, and co-occurring substance use. In addition, they are disadvantaged in their employment, educational attainment, interpersonal relationships, and other social determinations of health. UMass Mind Clinical and Research Program aims to develop innovative intervention strategies to promote whole person health. Through our research, clinical services, and community initiatives, we strive to improve the quality of life and health equity in this patient population.



WEBSITE

www.umassmed.edu/umass-mind



SOCIAL MEDIA

Instagram: @umassmind
Facebook: @Umassmind

Docket #: STUDY00002314

INTERESTED? CONTACT US!



+1 508-856-MIND (6463)



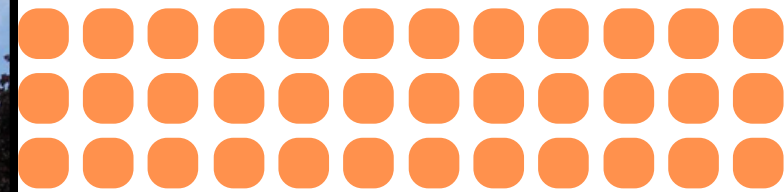
Mind@umassmed.edu



All study visits happen at:
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EFFECTS OF AN INVESTIGATIONAL DIGITAL THERAPEUTIC APP IN PATIENTS WITH NEGATIVE SYMPTOMS OF SCHIZOPHRENIA



UMass Chan
MEDICAL SCHOOL



UMass Mind
Clinical and Research Program

Beautiful Mind. Productive Life.

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ABOUT THE STUDY

- The purpose of this study is to evaluate the clinical effectiveness and engagement of a digital therapeutic app for individuals experiencing negative symptoms of schizophrenia.
- If you've been feeling less motivated, having trouble socializing, or struggling to plan fun activities, this app could be a helpful tool for you!
- The app contains mood check-ins and interactive lessons on skills like goal setting, relaxation, positive thinking, and social interaction.

WHAT THE STUDY INVOLVES

- You will be asked to use the investigational app every day for 16 weeks. Then will you have the option to use it for another 16 weeks. Once you stop using the app, you will remain in the study for follow-up.
- Your total participation will last about 1 year. You will visit the study clinic approximately every 2 months to answer questions about how you are feeling. You will have a total of 8 study visits over the year.
- Throughout your study participation, you will continue taking your schizophrenia medication as prescribed by your regular doctor.
- You will be compensated for your time.



WHO CAN BE IN THE STUDY?

We are looking for individuals who:

- Are 18 years of age or older
- Have been diagnosed with schizophrenia
- Are experiencing negative symptoms of schizophrenia such as:
 - Emotional withdrawal
 - Reduced social interaction and pleasure
 - Less motivation
- Have a smartphone and email address

