

Addressing Perinatal Mood and Anxiety Disorders—Strategies for Women’s Health Care Providers Webinar

Date/Time: Thursday, July 11, 2019, 1 p.m.–2 p.m. ET, 10 a.m.–11 a.m. PT

Presenters: Tiffany A. Moore Simas, MD, MPH, MEd, and Nancy Byatt, DO, MS, MBA



Course Description: Please join the American College of Obstetricians and Gynecologists (ACOG) for an upcoming free, 1 CME credit webinar, Addressing Perinatal Mood and Anxiety Disorders—Strategies for Women’s Health Care Providers, on Thursday, July 11, 2019, 1:00 p.m.-2:00 p.m. ET, 10:00 a.m.-11:00 a.m. PT. This webinar, free and open to all, will introduce participants to the care pathway for ob-gyns and other women’s health care providers to follow to care for women with perinatal mood and anxiety disorders. Speakers will emphasize the critical steps necessary to establish an environment and infrastructure in a practice that facilitates detection, assessment, and treatment of perinatal mood and anxiety disorders and advise on critical considerations, such as bipolar disorder, when considering medication management. Register at <https://www.pathlms.com/acogwebinars/courses/12400/webinars/5803>.

Upon completion of the webinar, participants will be able to:

1. Describe the care pathway components that need to be followed when addressing perinatal mood and anxiety disorders.
2. Outline how to evaluate illness severity including intrusive thoughts and risk of harm to self or others.
3. Describe the risks of treated versus untreated perinatal mood and anxiety disorders and evidence-based non-pharmacologic options.
4. Describe when pharmacotherapy is indicated, how to select and initiate medication treatment, and how to adjust that treatment as needed based on patient response.

In order to obtain CME credit, each participant must individually register for the webinar, sign in to view it, and complete a brief post-webinar quiz.

The webinar will be archived on [acog.org/mentalhealth](https://www.acog.org/mentalhealth) for convenient viewing. The archived webinar will not provide CME credit.

Continuing Medical Education credit is provided through joint providership with The American College of Obstetricians and Gynecologists.

ACCME Accreditation

The American College of Obstetricians and Gynecologists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA PRA Category 1 Credit(s)™

The American College of Obstetricians and Gynecologists designates this **live activity** for a maximum of 1 **AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

College Cognate Credit(s)

The American College of Obstetricians and Gynecologists designates this **live activity** for a maximum of 1 Category 1 College Cognate Credit. The College has a reciprocity agreement with the AMA that allows **AMA PRA Category 1 Credits™** to be equivalent to College Cognate Credits.

