

## Research Assistant Pre and Post-Intervention Questionnaire

Thank you for participating in the **STRIDE** Project.  
Please complete this intervention questionnaire.

Please fill out the questionnaire as completely as you can so that we can compare your responses from before and after the session. All responses will be kept confidential; your name will not be associated with your answers in any way.

*Please rate the extent to which you agree with the following:*

*1=Strongly Disagree*

*2=Disagree*

*3=Agree*

*4=Strongly Agree*

1. I am aware that roles of family members may differ within or across culture and families
2. I recognize family members or other designees as decision makers in matters regarding health and wellness
3. When interacting with individuals who have limited English proficiency, I always keep in mind that: Limitations in English proficiency are in no way a reflection of their intellectual functioning
4. When interacting with individuals who have limited English proficiency, I always keep in mind that: Their limited ability to speak the language of the dominant culture has no bearing on their ability to communicate effectively in their language of origin
5. When interacting with individuals who have limited English proficiency, I always keep in mind that: They may neither be literate in their language of origin or in English
6. I understand that cultural norms may influence communication in many ways, for example, how others use eye contact, interpersonal space, or gestures
7. I understand the impact of culture on life activities, such as alternative medicine, customs or superstitions, views of wellness, and the value of western medical treatment
8. I respect others' decisions as to the degree to which they choose to acculturate into the dominant culture
9. I understand the importance of cultural awareness and competence in the practice of medicine and health research
10. I am comfortable interacting with individuals who are culturally different than myself
11. I am generally open to receiving feedback from others about ways in which my behaviors may be perceived as culturally insensitive or offensive, even those that are unintentional
12. I look at my own attitudes and behaviors to determine how my biases intentionally or unintentionally perpetuate harm to others
13. I assess my own use of language to determine if I use words or phrases that are judgmental

14. I avoid stereotyping individuals based on how I perceive their racial or ethnic identity

### **Self-Assessment**

*Please rate how confident you are in your ability to do the following:*

*1=Not at All, 2=A Little, 3=Somewhat, 4=Completely*

15. Greet and show interest in the potential research participant as an individual

16. Provide information about the scientific purpose of the study in a way that is understandable by the potential research participant

17. Provide information about risks and discomforts without minimizing the side effects that may occur as part of the study

18. Make clear that participation is voluntary and avoid coercive pressure

19. Respond appropriately to potential research participant's changes in emotion

20. Use language that is easy to understand and avoid medical jargon

21. Encourage questions during the interaction with potential research participant

22. Provide specific and complete answers to questions or concerns

23. Check for potential research participant's understanding of information presented

24. Use verbal, non-verbal, and contextual cues to accurately assess a potential research participant's personal preferences as they relate to the informed consent process

25. Change harmful biases you hold toward individuals you perceive to be from other racial, ethnic, or cultural backgrounds

26. Use learned cultural information when interacting with individuals you perceive to be from other cultures in a manner that is respectful of their individuality

27. Establish rapport through respectful interactions with a potential research participant you don't believe shares your racial, ethnic, or cultural background

28. Implement culturally appropriate approaches during the informed consent process

### **Comments**

What do you see as the importance of having a culturally appropriate informed consent process?