

# Newsletter

September, 2021

What an exciting time for our school and the whole UMass community. The Graduate School of Nursing will be renamed Tan Chingfen Graduate School of Nursing after matriarch Tan Chingfen, a nurse.

The Morningside Foundation, billionaire investor Gerald Chan's family charity, is donating \$175 million to the University of Massachusetts Medical School in Worcester, an infusion of funding for science and medicine amid a global pandemic and the biggest gift ever to the UMass system.

"It's an incredible statement of confidence." -- Chancellor Michael F. Collins on the transformational gift from The Morningside Foundation.

Read more about this exciting news on page 4



## Appreciative Reflection of the Day

"Our past, our present, and whatever remains of our future, absolutely depend on what we do now." Sylvia Earle

# The Tan Chingfen Graduate School of Nursing welcomed a new cohort of students for Fall 2021.

4 GEP to Primary

9 GEP to Acute

21 GEP to Family

10 GEP to Psych

5 BSN/PGO Acute

2 BSN to Primary

3 BSN/PGO Family

2 BSN/PGO Psych

10 Post Graduate Certificates PSYCH

14 Post Masters DNP



## Olga Markushova

I was been accepted to GEP to DNP program FNP track.

I choose UMASS Graduate School of Nursing because of the small studies groups, its location close to the UMASS Hospital, Medical School, School of Biomedical Science. I belive this will give me an opportunity to collaborate with nurses, nurse practitioners, doctors.

I'm looking forward to gain that awesome experience from this program, to learn team work with all medical professions and to become a competitive and confident professional.



## **Robin Young**

I was accepted into the GEP-Adult Gerontology Acute Care NP track (AGACNP)

In my role as a hospital social worker, I have had the honor of working alongside several past graduates of the UMass Graduate School of Nursing (GEP). The stories they shared with me of their journey in this incredible program inspired me to apply so I may benefit from all that this program offers as I transition into a nursing career.

I am truly excited to have the opportunity to be immersed in a wide range of clinical experiences and to be able to learn from educators with a remarkable range of expertise while having access to a thriving academic medical center.

# GEP Pinning Ceremony Class of 2021

Good evening. I am Joan Vitello-Cicciu and I am very proud and honored to be the current Dean of this newly named Tan Chingfen Graduate School of Nursing. We are deeply indebted to the Morningside Foundation and the TH Chan family in naming our school after their beloved mother Tan Ching Fen. This endowment is a vital investment in educating new nurses like you all here this evening. This a milestone occasion for all of you and as a nurse celebrating my 45th year in this privileged profession let me welcome you into our noble profession and congratulate all of you in receiving your pin.

What makes this occasion even more special is that our newly named school Tan Chingfen is named after the matriarch of the Chan family and she happens to be a 101 year old nurse which makes this even more special. I want to let you hear Dr. Chan describe his mother in his own words: <a href="https://youtu.be/e-MFeo59VSg">https://youtu.be/e-MFeo59VSg</a>

As you just heard our named school Tan Chingfen is after a nurse who exemplified compassionate and service to others. Those are the two most important attributes for any nurse to embody! Also Dr. Chan shared his vision with us to grow in scale those nurses and nurse practitioners who will take a lead in the health care delivery's system. As the Dean I take this as our moral imperative to our benefactor!

So welcome our new nurses receiving your pin tonight to our honored profession!

"Now we are nurses. Now we can begin to change the world, one patient, one family, one community at a time." - Class speaker Oscar de la Rosa. <a href="https://bit.ly/3CDupLa">https://bit.ly/3CDupLa</a>



















# **GEP Pinning Ceremony Class of 2021**

## Congratulations to our students and preceptors that received awards



Veterans Inc.: Outstanding Community
Clinical Partner Award



Karen LaCure, Notre Dame Home Health & Hospice: Outstanding Preceptor Award



Kourtney Mantyla: Student Daisy Award



Reginald Sarpong: Clinical Excellence Award



Maria Karamourtopoulos: Academic Excellence Award



Oscar De la rosa: Spirit of Nursing Award



Jillian Steacy: Community
Engagement Award

The Morningside Foundation, billionaire investor Gerald Chan's family charity, is donating \$175 million to the University of Massachusetts Medical School in Worcester, an infusion of funding for science and medicine amid a global pandemic and the biggest gift ever to the UMass system.



WATCH as Chancellor Collins announces the transformational \$175 million gift from The Morningside Foundation and what it means to UMass Chan Medical School.

https://umassmed.edu/.../video-umasschan-medical-school.../

What an emotional week it's been at UMass Chan Medical School, with more celebrations to come! Here are some photos from the announcement of the transformational gift from The Morningside Foundation. Read about our news: https://bit.ly/3k6Xto4



Gerald Chan speaking at the campus celebration on Sept. 7, 2021

Today is a defining moment for the Medical School. A \$175 million gift from the Morningside Foundation means we can conduct more breakthrough research & offer financial support to highly qualified students:

The School of Medicine is being renamed after Chan family patriarch T.H. Chan; the Graduate School of Nursing after matriarch Tan Chingfen, a nurse; and the Graduate School of Biomedical Sciences after the family investment group: https://bit.ly/3DSIh5K

"It's an incredible statement of confidence." -- Chancellor Michael F. Collins on the transformational gift from The Morningside Foundation

"Now we're turbocharged. The possibilities are endless!" UMass Chan campus reacts to historic gift.

 $\underline{https://umassmed.edu/news/news-archives/2021/09/behind-the-historic-gift-gerald-chans-remarks-to-mass-chan-medical-school-community/}$ 

# **Student Spotlight**



Fernelle Leandre's presence at the Tan Chingfen Graduate School of Nursing is a tour de force. Only being here for a short time, Fernelle has exhibited brilliance, leadership, and solidarity for other students on a level that would take most students months to demonstrate. Student's like Fernelle make us hopeful about the future field of nursing, as well as the future of nursing leadership. It is truly a pleasure to witness a student of this caliber. May the T.H. Chan School of Medicine take note of how lucky they are to have her!

Sent in by her classmate Nepantla Canizzo.

Fernelle Leandre is a current GEP student.

The vaccine corps is about to get bigger: All 162 of our new med students have learned how to give COVID 19 shots thanks to the Graduate School of Nursing & School of Medicine students who ran today's training.

UMass Medical School students tell us why they joined the army of volunteer vaccinators when Central Massachusetts needed them the most: <a href="https://bit.ly/3gBNHId">https://bit.ly/3gBNHId</a>



"We have a clinical skill that we can go out into the community and help people." WATCH as second-year med students & nursing students train Alexander Lo & his classmates how to give COVID 19 shots: <a href="https://bit.ly/3keCq1J">https://bit.ly/3keCq1J</a>





UMass Medical students from all three schools filled backpacks for elementary students in the North Quadrant, ensuring about 600 Worcester students will have school supplies when school starts next week.



# **Student Spotlight**

Amanda Hazeltine, DNP 2 - Abstract she submitted for the virtual International Conference on Communication in Healthcare (ICCH) titled **Enhancing Palliative Care Consultation Workflow on an Inpatient Oncology Unit: A Quality Improvement Project** was accepted for an oral presentation.

Amanda will also be presenting a poster entitled "Enhancing Palliative Care Consultation Workflow on an Inpatient Oncology Unit" at the ASCO Quality Care Symposium in September along with Kathryn Liziewski, Ashley Lin, Samantha Creamer, Kathryn Walker, Colin Flannelly, Linh Nguyen, Kelsea Lyver, Tania Baigi, Jennifer Reidy & Vandana Nagpal.

Tara Tehan, PhD student, contributed to an article in Intensive and Critical Care Nursing intitled "Intensive care nurse-family engagement from a global perspective: A qualitative multi-site exploration" <a href="https://www.sciencedirect.com/science/article/pii/S0964339721000707">https://www.sciencedirect.com/science/article/pii/S0964339721000707</a>



Nursing PhD student Saisha Cintron saw as an undergrad how she could make a big impact as a nurse scientist. Discover how she's helping local teens overcome challenges: <a href="https://bit.ly/3sWKOqq#StudentSpotlight">https://bit.ly/3sWKOqq#StudentSpotlight</a>



Emily by she byed in

Her first degree was in biochemistry, but DNP student Emily Everett's true calling was as a nurse. She describes why she made the career switch and the important role she's played in the vaccine rollout: https://bit.ly/3ikGY5E

# **Faculty Spotlight**

Jill M. Terrien PhD, ANP-BC, Associate Dean, Interprofessional and Community Partnerships along with Dr. John Broach and Dr. Michael Hirsh are named Arnold P. Gold Foundation Champions of Humanistic Care. <a href="https://bit.ly/2W0Segi">https://bit.ly/2W0Segi</a> that prompted the Arnold P. Gold Foundation to name John Broach, MD, MPH; Michael Hirsh, MD; and Jill Terrien, PhD, Champions of Humanistic Care.

Dawn Carpenter, DNP, ACNP-BC, CCRN wrote the attached article with several colleagues. See page 16 for our article "Is the Nurse Practitioner Role right for you". This is a follow up article in the same journal describing the differences in APRN roles and NP populations. <a href="https://www.myamericannurse.com/category/advisor-series/education-advisor/">https://www.myamericannurse.com/category/advisor-series/education-advisor/</a>

Patricia White was a speaker in June 2021 at the First International Palliative Nursing Masterclass which was hosted by faculty at the University of Rhode Island, the University of Transylvania in Brashov and Physicians and Nurses of the Hospices HOSPICE Casa Sperantei in Brashov Romania. There were over 50 nurses and other professionals from Eastern Europe and some countries in Western Europe who attended virtually. Patricia spoke on the topic of ethics in palliative care. Plans are underway for the Second conference in 2022.

# **Alumni Spotlight**

Dr Everlyne Njoroge, MS, MBChB, FNP-BC (DNP Class of 2021) has had her abstract "Improving Assessment of Cancer Related Fatigue in Women Receiving Treatment for Metastatic Breast Cancer (MBC) in the Ambulatory Setting" accepted for the Sigma Theta Tau International (STTI) Sigma Region 15 Nursing Research Symposium, she will present her work in October 2021 at the virtual event.

Some key results of my project that will be presented: 83.3% of participants reported moderate to severe fatigue score; 67% reported that education on fatigue management strategies was new to them; 92% reported they would be able to implement some aspects of the education.



UMass Diabetes Nurse Practitioner Sean Collins Appointed Commander of the Air Force Medical Readiness Agency

Read more: <a href="https://bit.ly/3kwJDvl">https://bit.ly/3kwJDvl</a>

Nurse Beth Terhune of Westborough was recognized in the Boston Globe's annual "Salute to Nurses" section for her exemplary work at Hebrew SeniorLife's Hospice and Palliative Care in Dedham. <u>Article</u>



Dr. Patricia Cioe recently received notice of award for a new R21 grant *Preloading with Nicotine Replace- ment Therapy in HIV-positive Smokers to Improve Self-Efficacy and Quit Attempts* from the National Cancer
Institute at the National Institutes of Health. This randomized clinical trial will examine whether use of nicotine replacement therapy prior to quit date, for the purpose of improving adherence to NRT and increasing
self-efficacy for smoking cessation, will improve smoking cessation outcomes among smokers with HIV.

Dr. Patricia Cioe, PhD, a 2012 graduate of UMASS GSN, recently was promoted to Associate Professor of Behavioral & Social Sciences at the Brown University School of PUblic Health. Dr. Cioe's program of research focuses on cardiovascular risk reduction in people with HIV, with a specific focus on smoking cessation.

## Announcements

## **Tan Chingfen GSN Doctoral Forum**

Faculty and Students are all welcome to join
Sally Thorne, PhD, RN, from UBC School of Nursing, Vancouver, BC CANADA
to hear and contemplate ways to
"Use Expert Knowledge for Policy Impact."

Virtual Tuesday September 28th 4:30 to 6:30 pm

https://umassmed.zoom.us/j/92396794231?pwd=dXZkYWVBa3hzRjJoaXVobmtuelVvUTo9 Password: 262267



## Interprofessional Trainee Quality Council, ITQC

ITQC is a yearly program jointly supported by the Graduate School of Nursing, UMass Medical School and UMass Memorial Medical Center providing our students an experience of "in the field" quality improvement (QI) initiatives

The **2021-2022 ITQC program** application is open. The program will start in September with a blend of remote and in-person sessions. Dean Vitello sent out an open invitation to all GSN learners with a link for registration. If you are interested in participating, please contact Drs. Mary Antonelli at <a href="Mary.Antonelli2@umassmed.edu">Mary.Antonelli2@umassmed.edu</a> or Mary Fischer at <a href="Mary.Fischer@umassmed.edu">Mary.Fischer@umassmed.edu</a>.

# **Recipes of the Month**



**Pumpkin Spice Latte** 

## **Ingredients**

- 2 tbsp. pumpkin puree
- 1 tbsp. brown sugar
- 1 tbsp. granulated sugar
- 1/2 tsp. pumpkin pie spice
- 1 c. whole milk
- 2 tsp. vanilla extract
- 1/4 c. hot espresso or strongly brewed coffee
- Whipped cream, for serving

#### **Directions**

- 1. In a small saucepan, combine the pumpkin puree, brown and granulated sugars, pumpkin pie spice and 1 tablespoon of water. Heat over medium heat, stirring frequently with a rubber spatula, 2-3 minutes until the mixture looks smooth and the sugar has dissolved.
- 2. Add the milk and vanilla to the pot and whisk until very smooth. Cook 2-3 minutes until just simmering. Remove from the heat. Whisk vigorously or let cool slightly, transfer to a mason jar, cover and shake vigorously to create a foamy milk.
- 3. Add the coffee to a mug and immediately top with the foamy pumpkin spice milk. Top with whipped cream and an additional sprinkle of pumpkin pie spice, if desired.



**Apple Streusel Muffins** 

## **Ingredients**

- 2 cups all-purpose flour
- 1 cup sugar
- 1 tsp baking powder
- 1/2 tsp baking soda
- 1/2 tsp salt
- 2 large eggs, room temp
- 1/2 cup butter, melted
- 1-1/4 tsp vanilla extract
- 1-1/2 cups peeled chopped tart apples

## **Streusel Topping**

- 1/3 cup packed brown sugar
- 1 tbsp all-purpose flour
- 1/8 tsp ground cinnamon
- 1 tbsp cold butter

#### **Directions**

Preheat oven to 375°. Whisk together first 5 ingredients. In another bowl, whisk together eggs, melted butter and vanilla; add to flour mixture, stirring just until moistened (batter will be stiff). Fold in apples.

Fill 12 greased or paper-lined muffin cups three-fourths full. For topping, mix brown sugar, flour and cinnamon; cut in butter until crumbly. Sprinkle over batter.

Bake until a toothpick inserted in center comes out clean, 15-20 minutes. Cool 5 minutes before removing from pan to a wire rack to cool. Mix glaze ingredients; drizzle over tops.

## Glaze

- 3/4 cup confectioners' sugar
- 2 to 3 tsp 2% milk
- 1 tsp butter, melted
- 1/8 tsp vanilla extract
- Dash salt

# Be part of the next newsletter

## TELL US SOMETHING GOOD AND EXCITING!

ENTER YOUR NEWSLETTER SUBMISSIONS & BE FEATURED IN OUR 1ST EDITION!

WE WILL RELEASE THE MONTHLY GSN NEWSLETTER ON THE 2ND WEEK OF EVERY MONTH . RECIPE OF THE MONTH YOU CAN BE FEATURED IN OUR STUDENT/FACULTY/STAFF SPOTLIGHT SECTION, OR . GSNO UPDATES RECOMMEND A PEER :)

- EVENT PROMOTIONS WITHIN GSN & UMMS
- KUDOS & RECOGNITION
- SCHOLARSHIP PRESENTATIONS &

- STUDENT ANNOUNCEMENTS: APARTMENTS FOR RENT. CARS FOR SALE, ETC ...

For the October newsletter have your submissions in by October 15th.

Send in your submissions today and don't forget to bookmark the submission form!

Or you can e-mail Sue Collette at susan.collette@umassmed.edu

