

# Newsletter

October, 2020

# Fall 2021 Application Process is Open

Our program includes: PhD; DNP; Graduate Entry Pathway; Continuing Education; Post Graduate Certificates: Psych Mental Health NP, Adult Gerontology Acute Care NP, Adult Gerontology Primary Care NP and Family NP.

If you know someone who is interested in advancing their education, please give them our website for more information and to apply. <a href="www.umassmed.edu/gsn">www.umassmed.edu/gsn</a>



## Appreciative Reflection of the Day

"Take your good fortune and lift your life to its highest calling. Understand that the right to choose your own path is a sacred privilege. Use it.

Dwell in possibility."

Oprah Winfrey

## **Faculty Spotlight**



# Teaching inclusively: DRIVE initiative aims to develop bias-free learning

The student-inspired DRIVE initiative includes an online tool that asks faculty questions about using respectful terminology and inclusive references. Read about the resources available & our commitment to inclusion and being bias free. <a href="https://bit.ly/3mL1xJQ">https://bit.ly/3mL1xJQ</a>



## Sybil Crawford receives 2020 Best Paper Award from North American Menopause Society

GSN Faculty member and women's health researcher Sybil Crawford, PhD, has received an award for her 2019 study which found many experiencing menopausal symptoms could benefit from hormone therapy. <a href="https://bit.ly/2Q4LHdR">https://bit.ly/2Q4LHdR</a>

## **Student Spotlight**

Congratulations to our GEP class of 2020 award recipients, they received their awards at our virtual GSN pinning ceremony Monday September 14th.



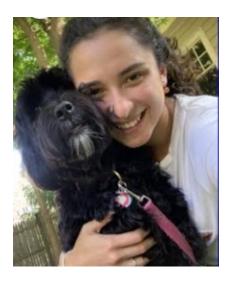


Jacqueline Mbugua
Spirit of Nursing

UMass Memorial Accountable
Care Organization
Department of Care Management
Outstanding

**Clinical Partner Award** 





# Irina Rojas inspired to pursue nursing career after surviving Hurricane Katrina.

Graduate School of Nursing student Irina Rojas knew health care was her calling from the time she was a child. She was 10 years old when Hurricane Katrina struck the southeast United States in 2005 and witnessed the doctors and nurses flocking to her community's rescue. Read more at UMassMedNews here.

## Announcements

#### Graduate School of Nursing has a new internal SharePoint Site

This internal website is designed to be a "one-stop-shop" for all things GSN and is for faculty, staff and students!

While some pages are still in development, we have highlighted major initiatives and resources that are critical to our mission, such as: the GSNO, Nurses for Equity & Justice Coalition, Orientation, GSNALL Town Halls and so much more!

Please take some time to review this SharePoint website, https://umassmed.sharepoint.com/sites/gsn

If you have any suggestions of content that we should include, please do not hesitate to reach out!

### A new scholarship for nursing students

The WiseGeek Nurse Appreciation Scholarship is awarding \$500 and we'd love to receive applicants from University of Massachusetts Medical School Graduate School of Nursing.

We'd be thrilled if you'd consider sharing the award with your students here: <a href="https://www.umassmed.edu/gsn/scholarship-opportunities/">https://www.umassmed.edu/gsn/scholarship-opportunities/</a>

Here are the key details:

- Scholarship Name: WiseGeek Nurse Appreciation Scholarship
- **Eligibility**: Students pursuing a career in the field of nursing. Must be a US Citizen or permanent legal resident.
- **Amount**: \$500
- Application Deadline: 12/31/20

**Link**: <a href="https://www.wisegeek.com/nurse-appreciation-scholarship.htm">https://www.wisegeek.com/nurse-appreciation-scholarship.htm</a>

### Apply for a DAISY Health Equity Grant for Nursing Research and Evidence-Based Practice Projects

#### Funds are available for:

• EBP projects that develop, implement and evaluate changes in nursing practice aimed at improving health outcomes of patients, families, communities affected by social determinants of health

and

 Clinical research studies that directly benefit health outcomes of patients and/or families affected by social determinants of health.

Guidelines and applications are posted at <u>DAISYFoundation.org/daisy-health-equity-grant-program-goals</u>
Applications due January 25, 2021.

# Apply for a J. Patrick Barnes Grant for Nursing Research and Evidence-Based Practice Projects

#### Funds are available for

• EBP projects that develop, implement and evaluate changes in nursing practice in treatment of patients with cancer and auto-immune diseases

and

 Clinical research studies that directly benefit patients and/or families involving treatment of cancer and auto-immune diseases.

Guidelines and applications are posted at **DAISYFoundation.org**Letters of Intent due February 24, 2021

View a **webinar** to familiarize you with our guidelines and process by Dr. Kelly Faltus Brassil:

<a href="https://youtu.be/q5tIo9NFBZc">https://youtu.be/q5tIo9NFBZc</a>

### **Volunteer Opportunity**

I'm reaching out to you on behalf of the UMass Vascular Surgery Division. Within the Division we are working to advance the limb preservation program and establish a wound care center of excellence. Within this group we are extremely fortunate to have talented individuals who are excited and motivated to become involved with outreach in the community.

As part of our program, we would like to provide our services to those who may not have all the resources to come see us at UMass. We are planning to create a community outreach day for the homeless community, Saturday November 14<sup>th</sup>. This would include physical exam pertaining to peripheral vascular disease, including minimally invasive diagnostic testing with ankle brachial indices; tobacco cessation education, and education on diabetic foot care.

In order to provide a great experience to those out in the community we believe it can only be done from a team approach. We would love to have any GSN volunteers at this event working with various providers from different specialties.

E-mail me Mallory.Gibbons@umassmemorial.org for more information. Thank you in advance

**Mallory Gibbons** 

### AACN's Foundation for Academic Nursing Scholarship for Graduate Nursing Students

Applications Deadline: October 30, 2020

Scholarships will be awarded on November 30, 2020

Requires completion of leadership development experience during the summer of 2021

https://www.aacnnursing.org/Foundation-for-Academic-Nursing/Deborah-Trautman-Scholarship

### **Scholarship Opportunities**

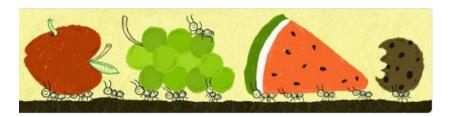
Two \$1000 scholarships

Applications MUST be postmarked by December 1, 2020

https://www.nphealthcarefoundation.org/scholarships-awards-fellowships/community-service/

https://www.nphealthcarefoundation.org/ scholarships-awards-fellowships/ gastroenterology/

## **Student Announcements**



The Max Baker Resource Center is a resource for all SOM, GSBS, and GSN students. This "take-what-you-need" resource pantry has food, snacks, office supplies, and more that are available 24/7 to students. This year we are partnering with the UMMS Community Garden to provide students with garden-fresh produce!

What: A "take-what-you-need" style food/resource pantry Where: 2nd Floor Med School Building - Located within Amphitheater I When: 24-hour access to all students (GSBS, GSN, and SOM) via ID swipe Who: Any and all students who feel they would benefit from this resource

Have comments or concerns or item suggestions? We would love to hear from you as we continue to develop this resource: <a href="https://bit.ly/34Wp96a">https://bit.ly/34Wp96a</a>

# Nurses for Equity & Justice Coalition

The Nurses for Equity & Justice Coalition (NEJC) is a student-founded group within the GSN that strives to provide a space for community building, education, and support for students who may feel under-represented within the GSN and/or UMMS.

We encourage everyone who is interesting in supporting this community to become involved as we engage in conversations and activities to promote advocacy for an equitable and more just environment for all.

Our email is now active! Please email NEJC@umassmed.edu, fill out the attached interest form and check out our Sharepoint to stay connected. <a href="https://bit.ly/34Yc8ZO">https://bit.ly/34Yc8ZO</a>

## **Recipe of the Month**

Submission by Shari Harding, Psych Mental Health NP faculty

Lentil Sloppy Joe Recipe (\*Adapted from Isa Chanda Moskowitz's Veganomicon)

#### Ingredients:

- 1 cup of regular lentils
- 1 green bell pepper, diced
- 1 small yellow onion, diced
- 18 oz can of tomato sauce
- 2 teaspoons of yellow mustard
- 1 tablespoon of maple syrup

Chili powder and/or cayenne pepper to taste

Olive oil

Buns or other wrap/bread for serving

#### Directions:

Cook the lentils per package instructions until tender. When the lentils are nearly done cooking, start to sauté the diced onion and bell pepper in a small amount of olive oil over medium heat. Sauté until soft, then drain the lentils and add them to the onions and pepper. Add the tomato sauce and cook over low heat until warmed through. Stir in the mustard, maple syrup, and chili or cavenne pepper to taste. Then serve, alone or on buns or a wrap.



### **Congratulations**

Please join us in congratulating Max Quinn, Assistant Dean of Student Affairs & Enrollment Management and his wife Kelly. They welcomed a baby boy Peter Hopkins Quinn on October 6th.

## Be part of the next newsletter

TELL US SOMETHING GOOD AND EXCITING!

ENTER YOUR NEWSLETTER SUBMISSIONS & BE FEATURED IN OUR 1ST EDITION!

WE WILL RELEASE THE MONTHLY GSN NEWSLETTER ON THE 2ND WEEK OF EVERY MONTH . RECIPE OF THE MONTH YOU CAN BE FEATURED IN OUR STUDENT/FACULTY/STAFF SPOTLIGHT SECTION, OR . GSNO UPDATES RECOMMEND A PEER :)

- EVENT PROMOTIONS WITHIN GSN & UMMS
- KUDOS & RECOGNITION
- SCHOLARSHIP PRESENTATIONS &

- STUDENT ANNOUNCEMENTS: APARTMENTS FOR RENT, CARS FOR SALE, ETC ...

For the November newsletter have your submissions in by October 30th.

Send in your submissions today and don't forget to bookmark the submission form!