

Resources for Transition Age Youth and Young Adults

Education Resources

Want to Get Your GED?

- **What?** If you want to earn a high school equivalency diploma, you'll need to take the HiSET test (formerly GED).
- **How?** Visit QR code to learn more and sign up.



Looking for Public Colleges in Massachusetts?

- Scan this QR code to see a list of community colleges, state colleges, and online schools in Massachusetts.



Need Money for College?

DCF Foster Child Tuition Waiver & Fee Assistance

- If you are in DCF custody and were not adopted or reunited with your family, this program helps pay for college.
- Talk to your DCF worker and scan QR code



DCF Adopted Child Tuition Waiver & Fee Assistance

- If you were adopted through DCF and are 24 or younger, you can get free or reduced tuition at public colleges.
- Ask your DCF worker or scan QR code.



Looking for a Job?

MA State Government Internships

- Get work experience with the Massachusetts government.



YouthWorks – Summer & After-School Jobs

- **Who can apply?** Teens 14-21 from low-income families.
- **What jobs?** Office work, parks & recreation, childcare, retail, and more!
- **How is it different from Job Corps?** YouthWorks is a short-term job, while Job Corps is a long-term job training program.



Career Center – Help with Finding a Job

- Get career advice, job listings, training programs, and resume help.



Job Corps – Job Training & Housing

- **What is it?** A federally funded program that trains young people for real careers like construction, healthcare, IT, and more.
- **Do you get housing?** Yes! You can live on campus for free.
- **Who can apply?** Ages 16-24.
- **Important:** You **must** pass a drug test.



MassAbility (Mass Rehab Commission) – Job Help for Youth with Disabilities

- **What is it?** A government program that pays for job training, work tools, and other job-related needs.
- **Who can apply?** If you have ADHD, learning disabilities, or other challenges that make working harder.
- **How to apply?** Ask your DCF worker



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Need Help with Substance Use?

Massachusetts Substance Abuse Helpline

- **What is it?** A free and private way to find treatment and support.
- **Call:** 800.327.5050 or scan QR code for more info.



Youth & Young Adult Treatment Programs

- **What is it?** Programs for teens who need rehab, or recovery support.
- **How to get help?** Ask your DCF worker or scan QR code.



Recovery High Schools

- **What is it?** High schools that help teens stay in recovery while finishing school.
- **Who can apply?** MA students ages 14-21 in recovery from substance use.
- Find a school near you by visiting the link provided



Other Resources

FOCUS

What? FOCUS connects young adults ages 18-30 with lived foster care experience to resources, peers, and volunteers who help them meet their goals, navigate adulthood, and experience success and independence.

- 1:1 Mentoring & Coaching
- Life skills coaching
- 1:1 Financial Literacy & Matched Savings
- Referrals
- Emergency Financial Assistance

How? If interested, visit the link provided



Mass211 HELPSteps – Find Help Near You

- A free website that helps you find local programs for food, housing, jobs, and more.
- **Need help paying rent or bills?** Call Mass 211 for info on local resources.
- **Worried about eviction?**
 - Mass 211 can help with: talking to your landlord, finding a new place, applying for housing assistance, or giving money advice
- **Need a place to stay?** Mass 211 can find shelters or temporary housing for you.
- **Home not safe?**
 - Mass 211 can help with: health and safety checks, talking to your landlord, and home repairs
- **Facing discrimination?**
 - Mass 211 can help you: file a complaint, request accommodation, or keep a support animal



Findhelp – Search for Local Support Programs

- Use this site to find free or low-cost help for housing, food, healthcare, and more.

