



# Trauma Coach Services: Parents Supporting Parents

The Foster Children Evaluation Services (FaCES) Clinic provides comprehensive health care to children in foster care. Services are available to any child in the Department of Children and Families (DCF) care in Massachusetts, including kinship, nonrelative and residential placements. Beyond 7 and 30 day medical evaluations we also offer:

## Birth Parent Trauma Coach :

Supports the parent of origin who has child welfare involvement.

Training is led by a peer who had successfully navigated DCF involvement and works with other parents to support their understanding of trauma. Discussion of trauma's impact on behavior, system challenges, intergenerational trauma, and more.

## Foster Parent Trauma Coach :

Supports the substitute caregiver of the child- foster, adoptive, or kin.

Training is led by a peer foster parent. Discussion focused on needs of caregiver in understanding impact of trauma on behavior, system challenges, importance of connections, and more.



For both trauma coach services we offer:

- A medical based understanding of trauma and have the full support of FaCES staff for consultation.
- Services which are voluntary, open ended and flexible to meet needs of caregiver.
- In person or virtual- majority of sessions in person.
- Education on other services that may benefit the family.



Do you have questions about your child's behaviors? Are you confused or frustrated with navigating DCF policy? Would you like to talk with someone who has been through these challenges before? We have peer supports, called trauma coaches, that are experienced foster parents who can help guide you as you care for a child in foster care. You deserve someone who puts your needs first. Our trauma coaches not only have a wealth of knowledge about trauma, but they have also been in your shoes.



**If you are interested or just want more information, please reach out to:**  
**Diane Lanni, lead trauma coach**  
by phone- 774-441-6616 or email at diane.lanni@umassmemorial.org  
**Birth Parent trauma coach services in Spanish? We have that too!**



**Where:** We meet virtually or in person. We meet in your home, here at UMass, or in a community location. Trauma coaches want to meet where it is convenient and comfortable for you.

**When:** After agreeing to accept services, an appointment is set up at a mutually convenient time. The first session is likely over an hour. Follow up sessions are generally an hour, but we remain flexible.

**How often:** Trauma coaches will meet with you as few or as many times as makes sense to you. The average caregiver meets 3-5 times.

We offer group classes in English. You can sign up for group, individual, or both. To find out when the next group class starts see our website or call 774-441-6616. If you need a certificate for training hours one will be provided upon request.

