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 Tel: 774-443-7962 || www.umassmed.edu/faces

24/7 Mental Health Help For Your Child



If you are concerned about your child's safety, call **youth mobile crisis intervention (1-877-382-1609)** or bring your child to the **emergency department**. If your child is in immediate danger, **call 911**.

Other Resources

National Suicide Prevention Hotline 24/7 Free and confidential support for people in distress	1-800-273-TALK (8255)	https://suicidepreventionlifeline.org/
Nacional de Prevención del Suicidio 24/7 Gratuito servicios en español	1-888-628-9454	https://suicidepreventionlifeline.org/help-yourself/en-espanol/
Hopeline 24/7 Emotional support and information via text	Text HOPELINE To 741-741 for immediate help	https://centerforsuicideawareness.org/hopeline/
National Alliance on Mental Illness Available support: Monday through Friday, 10 a.m.–8 p.m., ET.	1-800-950-NAMI (6264)	https://nami.org/Home
Boys Town National Hotline 24/7 support for young people and families going through difficult times.	1-800-448-3000	https://www.boystown.org/hotline/Pages/default.aspx Languages: Spanish, and > 100 languages offered. For the speech- and hearing-impaired: email hotline@boystown.org .
The Trevor Project 24/7 support for LGBTQ young people	1-866-488-7386 Text 'START' to 678-678	https://www.thetrevorproject.org/explore/
Runaway Safeline for Youth 24/7 support for young people	1-800-786-2929	https://www.nationalrunawaysafeline.org/